



**AS JUNIOR** Diana Sifuentes reaches to grab senior Taja Fain's belt, Fain tries to outrun her during the first half of the game. The final score was 6-0 scoring Fain's fourth and final powder puff win allowing her and her team to go undefeated all four years. "It was very exciting scoring a touchdown, especially in the first ten minutes of the game, practically the first play," Fain said. "It was a lot of pressure on me because they were expecting me to score the touchdown because I'm in track." [chase karacostas]

# Learning the Game

Freshman powder puff players describe their experiences getting ready to face the sophomores.



"We did a scrimmage against the juniors and the quarterback threw [the ball] at me and I got it, it was really great. When you just catch the ball you just feel excited. I ran and did a touchdown dance. I probably ran like fifty or forty yards. Learning the different moves and signals was hard to do. The next day I had to ask again what they were."

**-Alexia Murphy, 9**



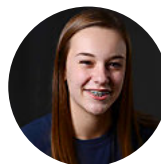
"The most memorable experience was probably when we were scrimmaging against the juniors and on the first play we did we made a touchdown and all of our coaches kind of freaked out and I didn't think they were that serious about it, but they were so it got us all hyped for the game the next day."

**-Sealan Ledat, 9**



"When I threw it to Sealan Ledat and she ran it into a touchdown against the juniors. Learning all of the plays was hard because there were so many and I've never played football. We went over them a bunch of times so it got easier with more practice. We had two one hour practices before and one two hour practice on the day of the game."

**-Zsa Zsa Harrison, 9**



"The hardest part was probably when we first got there and we didn't know what was happening and all of the coaches were telling us what to do and everyone was confused and it was funny to see people try to catch and throw. All of the plays and all of the different signals were the hardest to learn, especially since I only went to one practice so I was really confused."

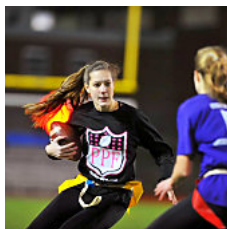
**-Olivia Norris, 9**



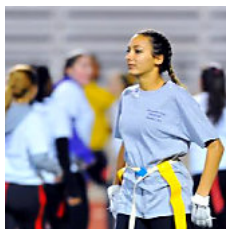
Logan Jones, 10  
[chase karacostas]



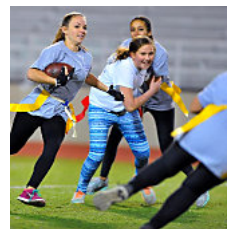
Jose Padilla, 12  
[chase karacostas]



Emma Craft, 12  
[chase karacostas]



Gaby Fernandez, 10  
[chase karacostas]



Hannah Kmak, 10  
[chase karacostas]



Bria Johnson, 11  
Hailey Falles, 11  
[chase karacostas]

design and story by chase karacostas

# FOUR-PEAT

## By beating the juniors this year, the class of 2016 has taken their fourth win and the title of undefeated in Powder Puff Football.

Within the first two minutes of the powder puff football game, senior Taja Fain scored the winning touchdown against the juniors.

The seniors won 6-0, ending a four year win-streak they started as freshman.

"I wasn't expecting us to get just one touchdown, but the juniors actually came pretty strong, stronger than I thought they ever would," Fain said. "I was hoping for another touchdown, but I'm grateful for the one that we got."

When the game ended, the shocked seniors came together and started chanting "four-peat" to celebrate going undefeated in powder puff for the past four years.

"I feel so great because we worked really hard, we came together, we got it, and we're all super excited about it," senior Chelsea Roemer said.

Roemer, while on defense, said she had to fight off painful elbow

blocks by junior Lauren Bascle.

"I didn't expect the juniors to come at us so hard, I really didn't. So, we had to adjust to what they were doing so we could win," Roemer said. "It was almost like tackle football."

The coach for the seniors, Reagan Smith, who is also a senior on the varsity football team, said coaching the girls was very rewarding despite having to deal with their lack of football knowledge.

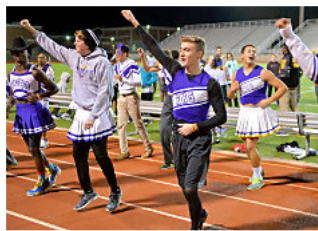
"Teaching the plays was the hardest part, there wasn't a lot of football IQ, but it was very rewarding when we came out with a win," Smith said.

Fain, who has played powder puff every year, appreciated getting to see how far the girls have come throughout the years.

"Every year, it's almost all of the same people, over and over again. Each year you're bonding more and more with them," Fain said. "My favorite part of all of it was getting to do chants with my team."



Kolby Bunch-Dennis, 11  
[chase karacostas]

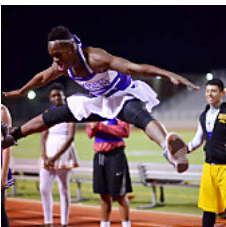


**TOP RIGHT:** Running towards the goal in an attempt to get the freshman their second touchdown, freshman Oracy Gray dodges sophomore Gaby Fernandez's reach. Along with scoring the freshmen's first and only touchdown, this was also Gray's first-ever powder puff game. "Whenever I scored I was just like 'oh my god I totally just scored on the sophomores,'" Gray said. "It was towards the end, so whenever it was their ball I just freaked out because I wasn't on defense, so I was yelling and cheering for the defense." [chase karacostas]

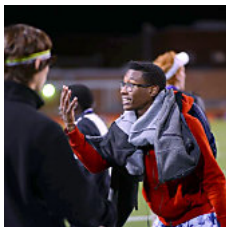
**TOP MIDDLE:** Performing as varsity cheerleaders during the powder puff football game, seniors Evan Parscale and Wyatt Landry cheer for the crowd. The cheer was the offense cheer chant and the cheerleaders spent a few days practicing it prior to the game. "My favorite part of cheering was being able to make a fool of myself with a bunch of friends," Parscale said. [chase karacostas]

**BOTTOM MIDDLE:** Juking two defensive players as they attempt to steal her belt, which would result in a tackle, junior Hannah Dunlap holds the ball tight while trying to get a first down. The juniors didn't end up scoring during the game resulting in the seniors winning 6-0. "When I did catch the ball, the first thing that would come to my mind is run, run for my life," Dunlap said. [chase karacostas]

**BOTTOM RIGHT:** Laughing during halftime of the freshman versus sophomore powder puff game, sophomores Carla Piñeda, Mirabella Miranda and senior Raul Alvarado begin to do their chants before going back out onto the field for the second half. "I think the hardest part was standing on the sideline when offense started fumbling the ball, and some of the players got sick before the game, so we were missing key players," Miranda said. [chase karacostas]



Samuel Archibong, 12  
[katherine tipton]



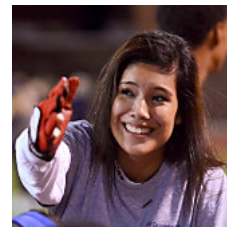
Theo Simmons  
[katherine tipton]



Caden Kirk, 10  
[chase karacostas]



Nicole Thorsen, 9  
Myra Brown, 9  
[chase karacostas]



Carla Piñeda, 10  
[daphne lynd]



Mohammad Saleem, 10  
Henos Andebrhan, 10  
[chase karacostas]