

# IT GETS THE HEART GOING

Performers get their adrenaline going

photo by Myra Vu



“I get an adrenaline rush from dance. I always ask myself, ‘Why am I doing this?’ Once I actually start dancing, I feel so great about myself. It’s a great confidence booster.”  
**Ebony Thompson, 12**

photo by Annie Tran



“I get an adrenaline rush from debating because it’s nerve racking. I have to be right on point with what I say, or I’ll get called out for it. It’s so much fun debating with people that are just as knowledgeable on a topic as I am.”  
**Vidal Rodriguez, 9**

photo by Tran Le



“When I’m sitting on stage for orchestra, I get nervous, and my hands will start getting sweaty. When I’m not playing, I’ll try and blow on my hands to help me calm down. Then I look around the audience, but it’s usually too dark to see, and all I see are the bright lights which help calm my nerves.”  
**Devron Jones II, 12**

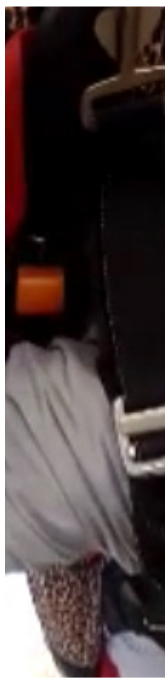
courtesy



“We were able to fly through the clouds and they were very warm, which I didn’t expect. It was awesome because when I went into the clouds, I couldn’t see anything, and it just felt so strange.”  
**Hannah Hallum, 12**



**WE’RE SOARIN’, FLYIN’** Skydiving for her 18th birthday, senior Hannah Hallum jumped out of a plane along with her best friend and brother. **RAISE THE ROOF** Flying for the first time, sophomore Mary Moore went indoor skydiving with her grandparents and cousins at iFly. **HIGH ON LIFE** After skydiving from a plane in January, senior Kaitlyn (Katie) Larkin back flipped three times in the air. “Both of my parents have jumped out of a plane multiple times, and I have always wanted to go because of their stories,” Larkin said.



# The sky's the limit

Adrenaline junkies take on skydiving



Every breath invigorates the lungs as the cold winds push past, and the wild wind roars in her ears. As the plane rises, the adrenaline courses through her body. Just as she jumps from the plane, her body tingles from excitement, and then she is left effortlessly to float down to the ground.

For her 18th birthday, senior Hannah Hallum went skydiving for the first time with her best friend and her brother.

"My favorite thing would be when I first jumped out of the plane," Hallum said. "We were so high up, and it was beautiful to see everything around me. It was also the weirdest feeling ever because I was free falling. It was an indescribable feeling."

Hallum said she was never nervous to go skydiving.

"I was excited the whole time," Hallum said. "When I was in the plane about to jump out, I was basically in shock because I couldn't believe I was actually about to do it. Honestly, everything I expected was way cooler than I had ever imagined."

At iFly, sophomore Mary Moore went indoor skydiving for the first time.

"My grandparents actually told me about it and said they would take all of their grandchildren," Moore said. "After they mentioned it, I looked into it, and it seemed like a lot of fun, and it's something I've never done before. It was really weird

at first because I had no idea what form I was supposed to be in, but after I got the hang of it, it was so much fun, and I'd love to go back."

Senior Kaitlyn (Katie) Larkin said she had always wanted to go sky diving and got the inspiration from a parent.

"I am an adrenaline junkie," Larkin said. "I wasn't really worried about it until the plane took off. The plane ride

"The plane ride was the scariest part because the plane was 50 years old and had some parts duct taped together. When the time came, I couldn't wait to jump out."

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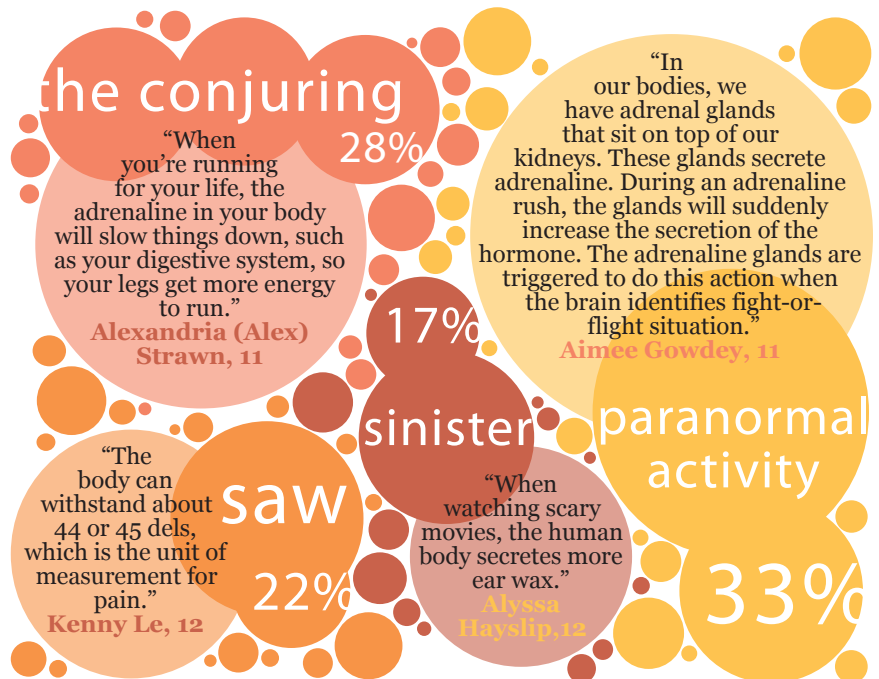
Larkin planned to go again for her graduation.

"I want to do it again because I love the adrenaline rush," Larkin said. "My favorite part was standing on the wing of the plane and doing three back flips. When we were falling, all I thought about was how cold my hands were and how much I already wanted to go again."

by Myra Vu

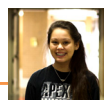


## FRIGHT NIGHT Horror fanatics and anatomy students relate their favorite movies to anatomy class



infographic by Myra Vu

"I love the adrenaline rush I get from performing whether it be on stage with a choir or alone for a solo. I always have room for improvement and strive to get better everyday."  
Macy Mayo, 10



Editor • Myra Vu