

## Hooked on the Right Headphones

# SELECT SOUNDS

**PHILIPS EARBUDS** provide senior the perfect fit for **MUSIC** while skating



**S**TANDING in the aisle, senior Jorge Solis-Ruiz stared down the options Walmart presented him. “My last pair of headphones broke a week before, and I needed a new pair,” Solis-Ruiz said. Two stood out: a black Philips pair and a white Sony pair. Solis-Ruiz’s previous set of earbuds were not a perfect fit, so he took his time, wanting to make the right choice. “My last pair of

headphones constantly fell out of my ear while skating,” Solis-Ruiz said. “So I wanted a pair that had a hook to go around my ear.”

The black pair had a hook, the white pair did not. The decision was easy.

“I still love them because of the ear hook,” Solis-Ruiz said. “Whenever I’m skating I love to listen to music. Thanks to the hook, they are not going to fall off my ear, even if I fall and hit my head.”

story by Axel Corral



**“D**URING PRACTICE at Teravista, we were playing at hole 7 one afternoon and I had already made my three shots. It was a par 4, so I had the choice of either making a bogey or I would have to pick up. So, I went for the bogey and I made it, which was shocking to me and it made my coach proud.”

Sophomore  
Shannon Anderson

The hole point  
**A DIFFICULT  
SHOT MADE**

# Compassionate coaching

## NEW LEADER CONTRIBUTES TALENTS TO TEAM

**C**OUNSELOR. Role model. Mediator. Team mom.

Walking into the gym and watching the gazes of the players, coach Ashley Alvarado knew she where she wanted to be.

"Basketball has always been a part of my life," Alvarado said. "After I finished playing it, I still wanted to be a part of it, so I figured why not coach."

Alvarado joined the Lady Tiger's basketball program in August and is coaching the freshman A team.

"I love doing what I do," Alvarado said. "One of the best experiences as a coach is being able to watch a player who didn't have a lot



photo by Rebecca Macias

**COACH ASHLEY ALVARADO** gathers her team between plays.

of confidence in themselves and then suddenly see that they are doing a lot of things on the court that they didn't think they could do."

Alvarado's own personal experience playing basketball includes being on both her high school and college teams. After

she graduated from college, Alvarado began coaching. She has been a basketball coach for nine years.

"In college, I played at Fairleigh Dickinson," Alvarado said. "At the time, it was a division three college."

Head coach Keith Allen, interviewed others for the

position, but he says he knew Alvarado was the right pick.

"Coach Ashley was our best choice as a coach for our program," Allen said. "She knew the game well and had the most experience."

One strength that made her stand out from the others was her already established bond with the team.

"She knows a lot of the girls from having worked with them previously in the summer with AAU," Allen said. "A lot of the players warm up to her and she has a good relationship with a lot of them."

Alvarado says that after

joining the program, she has seen a lot of positivity come from the players and parents.

"They keep basketball a part of the atmosphere," Alvarado said. "There's lots of support and the players are always encouraging to one another."

Since she started coaching the team, Alvarado says the girls have been focused and they have practiced to play hard no matter what the score of the game.

"The girls are always working hard in practices," Alvarado said. "Everybody makes sure that their job gets done on the court."

On and off the court,

Allen says he enjoys working along side Alvarado.

"She has such an easy going personality," Allen said. "She works hard with the team during practices and games and has such a great bond with the players."

With at the season's end, Alvarado said she hopes that her team will continue to have a love for the game.

"The game of basketball takes a lot of hard work and comes with heartbreak," Alvarado said. "But if you stick with it, in the end, it's the greatest game you'll ever play."

story by Rebecca Macias

## CULTURAL CONNECTION

**COSTUMING** choices help Folklorico dancers represent the different **REGIONS** of Mexico during their public performances



Junior Irma Puga



JALISCO

**REGION**  
Located in the West, it's the origin of mariachis, rodeos and jaripeos

**COSTUME**  
The dresses are long, lacy and use many colored ribbons

**FOOT WORK**  
The foot work is fast, complicated and harder to learn



VERACRUZ

**REGION**  
Mostly known for it's festivals, music and colorful celebrations

**COSTUME**  
The men wear white shirts, pants, shoes and red bandanas

**FOOT WORK**  
Dance moves have African influence, making it faster



**REGION**  
The dog, the Chihuahua, originated here and was bred by the Olmecs.

**COSTUME**  
Women wear shorter and lighter dresses in order to kick their legs up.

**FOOT WORK**  
Dancers kick up high, but don't step with their heels or toes.

Coach's **COMICAL** relief keeps spirit of game light **HEARTED**

CROWD PLEASING

## NOT A SHY ONE



**IT WAS ALREADY SECOND QUARTER,**

and the only action that tennis coach Sheri Carter had seen on the court was during pre-game warm-ups. She was ready to go.

Watching the intensity build and the seriousness increase between the blue and gold teams, minutes ticked off the clock. Carter knew that, before long, she'd get a turn, and that she'd make sure it would be a moment to remember.

Called into the game, Carter walked nonchalantly down the court, slowly dribbling the ball up and down.

It was time for her to put her plan into action. Instead of playing seriously like everyone else, she changed it up a little bit, making it more interesting for all watching.

Carter began goofing off, much



photo by Christiana Peek

like the Harlem Globetrotters. She committed several fouls, including traveling with the ball and stepping on and off of the court.

"If you can't hang with the big dogs, then entertain with humor,"

Carter said. "It's more exciting that way."

Making faces at the opposing team and messing around with them, Carter garnered laughs from both the audience and the teams. Her antics caught everyone by surprise. No one expected her to do anything like this.

"I just wanted to have fun," Carter said. "You just got to be comfortable to come out of your shell. Those who know me know that I am not a shy one."

While Carter had been goofing off throughout the game, she and her team still pulled out a win, despite the gold team's efforts.

"Looking back on the experience, I enjoyed the camaraderie, unity and entertainment the faculty game brought to the staff," Carter said.

story by Roman Soriano