

"In sequence, **Nate Hearron** [8] and his competitor battle it out for 5th place during his last race of the season. "Coach pushes you to be your best and won't let you give up even when things get hard,"

**Allison Patak** [8] said. photo by a. rodriguez

"Taking the lead, **Nour Hussein** [12] warms up with the junior high girls before their last race. "The high schoolers knew how to warm-up correctly and it made me more prepared for my race,"

**Allison Patak** [8] said. photo by a. rodriguez



**Cantrelle Smith** [8] **Nate Hearron** [8] and **Austyn Smith** [7] head towards lane one to get ahead of the pack. "District was really tough this year, but I pushed through and placed second," **Smith** [8] said. photo by a. rodriguez

"Steadying her pace, **Cecilia Hernandez** [8] makes her way around the track to get to the off track course. "I signed up for cross country because I enjoy running distance and figured I would benefit from it," **Olivia Sipes** [8] said. photo by a. rodriguez

A steady pace keeps **Adrian Browning** [8] going as he makes his way through the woods. Browning was given the nickname "Pumpkin" for his cute features.

photo by v. mogavero



Keeping a good stance, **Katelyn Williamson** [7] makes her way through the Elysian Fields two mile course. Williamson placed 6th, making it in the top ten at district. photo by a. rodriguez

Battling it out with another runner, **Nate Hearron** [8] crosses the finish line with a time of 13:16. Hearron placed fourth at district, only a few seconds before his opponent. photo by a. rodriguez



# Last RACE



"Packed together, the junior high cross country girls shoot off the starting line in order to get a good spot in the race. More than half of the team took the top ten places at the district competition. "The hardest thing about cross country is keeping my breath under control and staying focused," **Kaydyn Scott** [7] said.

## Middle school boys, girls compete in district competition



"District champs, the junior high girls pose with their plaque. "It was exciting knowing I placed in the top ten, and received a medal," **Katelyn Williamson** [7] said.



On her own, **Sierra Schneider** [8] takes time to stretch before her race. "I have to listen to a certain song and during a race I tell myself that 'I got this,'" **Hailey Hobbs** [8] said.



After his race, **Austyn Smith** [8] makes a dash for the water fountain to quench his thirst.



Crouched in the ready position, **Cantrelle Smith** [8] **Nate Hearron** [8] and **Austyn Smith** [7] get ready to run their last race of the season. Two out of the three boys placed top ten at district.