

Party Survival Kit

The Do's and Don't's of the Super Bowl

Lauren Ummel
Staff Writer

So, the Super Bowl, the “Game of the Year”, the one time even those who prefer college over the NFL are watching. We all have our reasons for turning on our TVs and splurging on every game day food essential known to man. There are two kinds of people who watch the Super Bowl: 1) the idolizers, the ones who keep stats all year long and who are most likely to frame their Cam Newton or Peyton Manning game day jerseys, 2) the ones (like myself) who are entirely interested in this because of the food and the commercials. If you have never been to or had a Super Bowl party, I highly suggest that you do. But, how does one prepare for such an event? Don't sweat it, I got you covered. Here are the Do's and Don't's for a typical Super Bowl party.



Don't's

- start more than 90 minutes before kickoff
- Be “that person” who talks the entire time and knows nothing about football
- Show up halfway through the game
- Talk to men during the game, you WILL get sent to the kid room no matter how old
- Shove as much food on your plate as you can (better to snack throughout the game)
- Be the person who yells at Clete Blakeman 24/7
- Stand in front of the TV (food will be thrown at you)
- Leave before the HalfTime Show or during commercial breaks
- Just don't get up at all unless you're getting food
- put the kids in the room with the biggest TV
- Be on your phone the entire time (socialize with the human beings around you)

Do's

- Game starts at 5:30 P.M. CT on CBS, Sunday, February 7
- Invite family and close friends (max 20 people)
- CLEAN and decorate everything, even decorate some of the food for the occasion (ex. cookies that look like footballs)
- FOOD TO BRING: chips, dips and salsas, large bags of ice, drinks, hamburgers, hot dogs, veggie tray, fruit tray, brownies, ice cream and toppings,
- Have plenty of napkins, plates and cups
- Separate the house into two sectors: one for the kids and the other for adults
- Unless you're a die hard Panthers or Broncos fan, wear clothes that will go with the team who the majority of people at the party are rooting for, unless you want to be shunned or denied your right to eat that cookie that has been calling your name for the past 30 minutes.

Packing List

What to bring on a trip to the Super Bowl

- a jacket
- rain jacket
- sunglasses
- hat
- shoes (may include: tennis shoes, flip-flops, chacos, crocs with socks)
- shorts (Bring for right amount of days, maybe extra if it rains)*
- pants (maybe one nice pair and a pair of jeans)*
- t-shirts (also depending on how many days you stay)*
- pajamas (if have feety pajamas wear those. Everyone secretly wishes they had some)
- phone charger*
- bag to hold souvenirs* (unless Mom is

- going, then hand everything to her)
- blanket/pillow
- underwear*****
- bathroom stuff* (brush your teeth and take a shower, no one wants to smell yo nasty self)
- socks (the fuzzier, the better)
- headphones* (if you have a sibling you understand why these are a must)
- swimsuit (not warm enough for beach, but okay for hotel)
- GAME DAY GEAR* (jersey, shirts, shorts, foam finger, bull horn, face paint, megaphone, air horn, pom-poms, crazy grandma)
- YOUR PARENT(S)* (who else is going to pay for the trip, they are a portable bank, and your ride home so be the angel they think you are)
- \$\$\$\$ (this if for EMERGENCIES ONLY, refer to the item(s) above ^)
- that one person who makes games exciting and worth posting about on social media

* when you see this, these items are a MUST BRING OR YOU WON'T MAKE IT

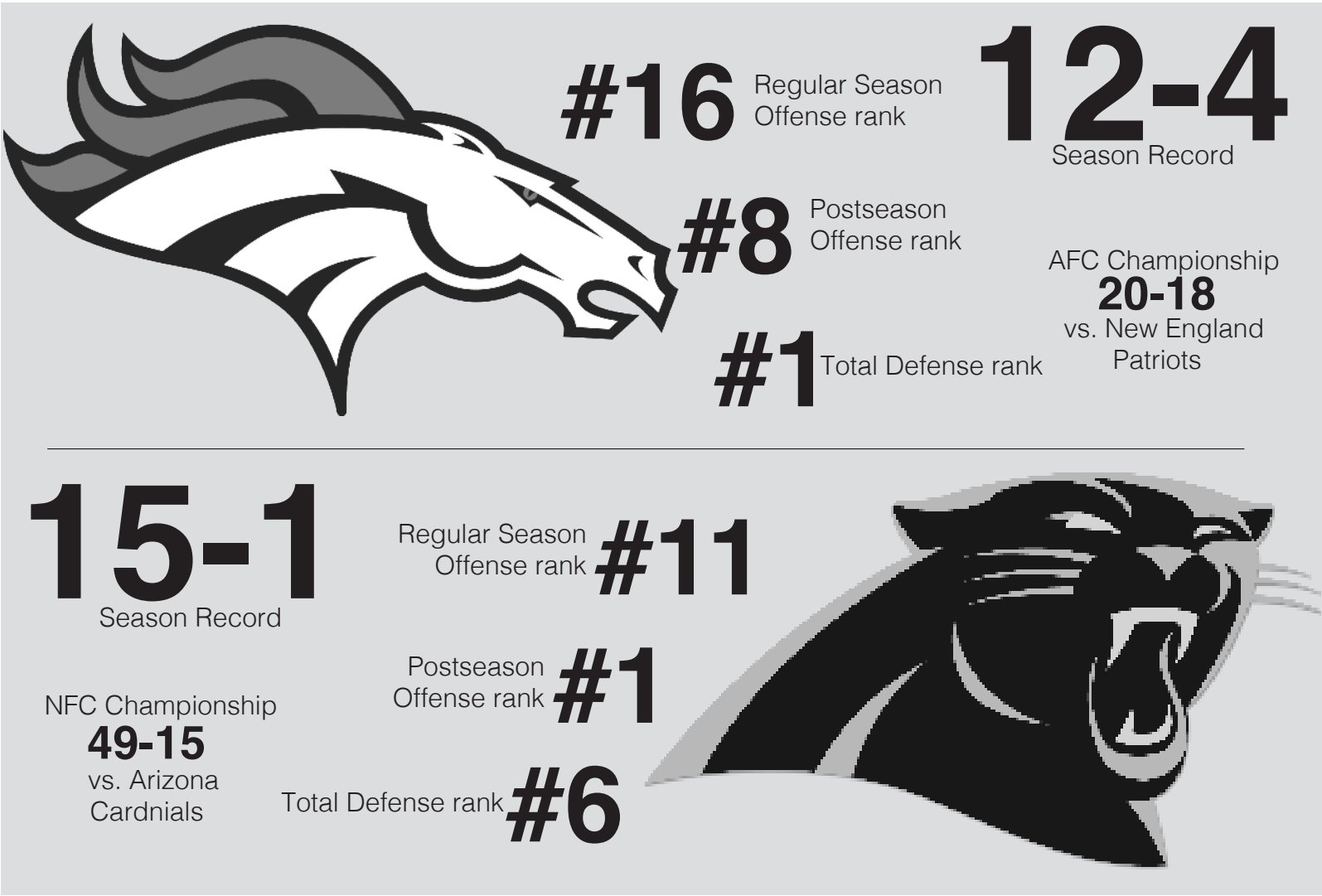
-Bring a camera to film “that person.” You know who I’m talking about, the one who swears they could put Ron Rivera or Gary Kubiak out of a job and could single-handedly win the Super Bowl.

Super Bowl Preview

Sunday's game looks to be a defensive battle

Jeremy Patak
Staff Writer

The AFC Champion Denver Broncos will battle the NFC Champion Carolina Panthers in Super Bowl 50. The Broncos narrowly edged Tom Brady and the Patriots to claim the AFC crown, while the Panthers annihilated the Arizona Cardinals to become champs of the NFC. The teams will take the field Sunday, February 7th in Santa Clara, California to decide the ultimate champ. The two teams come into this game with the top two ranked defenses in the NFL. The Panthers defense, led by Luke Kuechly and Josh Norman, have been a feared group all season long. Through the regular season, the Panthers defense led the league in forced turnovers at 39, averaging almost 2.5 a game. Against the Cardinals last week, they forced a whopping 7 turnovers. They will be looking to exploit this strength as the Broncos have turned the ball over the third most times in the NFL this season. On the other side, the Broncos' stellar play on defense has carried their inconsistent offense the entire season, and they're hoping to do it one more game. They carry their 1st ranked pass defense and 3rd ranked rush defense into Santa Clara hoping that it's enough to win a title. Von Miller has anchored Denver's defense so far this year, posting an impressive 13.5 sacks on the



season. While the top two defenses will be playing in this game, most of the pre-game talk will center around the offensive squads, specifically Cam Newton and Peyton Manning. This will be a battle between two quarterbacks that couldn't be any more different. Cam Newton has been on fire this season. There isn't much doubt that he will win league MVP with the season he's had, and with

a Super Bowl win, he could put his name in the record books. Assuming he wins MVP, he would be 1 win shy of being only the second QB to win the Heisman, National Championship, NFL MVP, and Super Bowl. The Panthers will need him to play big like he's done all year if they want to be hoisting the Lombardi Trophy when it's all said and done. And who can forget about Peyton Manning? As one of

the greatest QBs of all time, Manning is looking to add a second ring to his collection. If he does so, he will be the oldest starting QB to ever win a Super Bowl. Unlike Newton, Manning has struggled this year. In fact, he hasn't even been the starter all year, losing 7 starts to Brock Osweiler. But he's started both of the Broncos' playoff games and been the leader they needed to make the trip to Santa Clara. Even though he isn't the

Manning we knew a few years ago, count on him to make big plays for his team in possibly his last NFL game ever. While it's obvious both defenses will play their part, the game will most likely come down to which offense will be able to execute better. Will the up and coming Newton get his first NFL ring, or will the experienced Manning do what it takes to win another title? Right now, the Panthers are favored by 5.