The Lone Star Dispatch | Monday, Nov. 9, 2015 | Page 10

Friday, football, and fan stand

Dawgs tackle down every obstacle in their way in order to make it to playoffs

Isabel Rosales Athletics Editor **Grevson Hughes** Staff Writer

Varsity Football

After school practices going till the sun sets preparing for the following game and then the thrill that comes late Friday nights at football games as the crowd goes crazy.

Varsity had their 7th game on Oct. 29 against Lake Travis losing by a score of 44-27. However they won their homecoming game the week before against Hays winning with a score of 38-17 and their first loss was against Westlake by a score of 24-9.

"It wasn't a bad loss but Westlake has a good team and they just have to keep striving and they will get to playoffs," freshman Domingo Cervantes said.

With playoffs proaching quickly the team has been preparing a great

'With the way they are playing, I think they will be making it to playoffs, they have a great coach," Cervantes said.

With a record of 5-2 in district the team has only lost to Lake Travis who remains undefeated and Westlake who has a record of 6-1, after losing to Lake Travis. The Dawgs are still fighting for a spot in play-

"The loss against Westlake didn't affect our playoff chances so we still



Getting away: Senior Desmond Young breaks away as he is targeted by the Anderson team. Youngs plays two roles on the team as a running back and fullback. Photo by Violet Glenewinkel

have an opportunity to win district championships," coach Glen Lewis said.

As the season has progressed the team has make many corrections but they will continue to perfect their plays and learn from previous mistakes game to

"I thought we played well but some things didn't allow us to succeed," Lewis said.

Winning the game against Hays put the team in a very good position to move on into the playoffs. The team has two more

game against Del Valle and Round Rock, which are both home games. Del Valle will be a Thursday game.

"A chemistry between a team in any sport is important, it can severely affect the outcome of any game, it's important that varsity has a good one," sophomore John McKenna said.

According to coach Lewis as the seniors approach the end of the season they have been playing very strong and it has a lot to do with the chemistry that they have between each other.

"They absolutely have a great chemistry, they are a bunch of good guys and they all get along very well," Lewis said.

The team has had several injuries that have taken the player out for the whole season hindering the way they have played.

"We have lost great guys who have helped the team a lot but I don't think it will greatly affect the overall outcome. Every player on he team has the athletic ability to perform and for that very reason they are on varsity," McKenna said.

Fan stand

Out on the field every Friday night reporting the football games is junior Maggie Murray.

"I became a ire-porter after Kate Buffler was last year, and I knew that talking to the guys and getting involved with the team, doing the social media between the scores and all that stuff just seemed very fun," Murray said.

Running around the field filming plays and the players' thoughts before after and during the game Murray uploads those video to Fan stands very own youtube.

"I love football and I love getting the guys excitement and catching their thoughts and their feelings right after the game," Murray said.

Filming the players Murray has gotten to know every football player out on the field creating a personal relationship with them.

"Being a Fan stand reporter gets you more on the inside I have made so many friends, that's also a big reason as to why I wanted

to become an ire-porter," Murray said.

Every school has their own ire-porter therefore Murray only reports Bowie footballs games but has had the chance to meet other ire-porters throughout central Texas.

"Throughout it all I have meet other Fan stand reporters from other schools and we are all like family and in general it's just been a great experience," Mur-

Fan stand had its own talk show that is on air, Fridays 6:30-11 pm on 1370 AM and is updated regularly through their twitter, which is @FridayFanstand.

"We are all in a group message, and Snoop Daniels sends out a message telling us what time we have to be at the game and to interview these kinds of people. It's all through messaging that is later moved onto twitter and the radio," Murray said.

The Fan stand motto is "Covering Austin & Cen-Tex HS football like no one else."

"My favorite part is when the guys get really involved and the guys have

fun with me even when they are having a bad game they will run by and throw up the fan stand sign that just makes me appreciated and just shows their sportsmanship. We truly cover football like no one else," Murray said.

While working her way up to taking over the Bowie football Fan stand coverage she has been around the team for quite awhile.

"I started at the beginning of 7-on-7 season last year getting familiar with everything and everyone and I think it was the beginning of May when I really took over," Murray

Doing this for more than two years Murray sees her self continuing this career to the end of high school but does not see a future career of reporting after that.

"Next year I will for sure do it, but I'm not sure if I'm interested in interview a college football player, I just don't know if I could go into that profession. But after my senior year I will have to get a little pee wee to take over the next year," Murray said.

Fan stand coverage: Junior Maggie Murray films plays for the fan stand youtube channel. Murray was filming the homecoming game against Hays. Photo by Violet

Successive concussions have high school athletes concerned

Kelsie Stella Staff Writer

The synchronized gasp of the crowd, the blur of the trainers on the field. Looks of worry and panic are exchanged in the stands. These types of encounters can be found at nearly every sporting event. Concussions make up of 10% of all high school athletic injuries.

Every year, more than 60,000 U.S. high school athletes sustain a concussion. Bowie very own students are included in these statistics.

"They can be pretty serious," sophomore JV football player Caleb Bohm said. "Even if the concussion is mild, it's nothing to mess around with. When you play football, concussions aren't really anything out of the ordinary so it's not that shocking to anyone when someone takes a nasty hit then gets diagnosed with one."

The amount of teenagers ages 14-19 that have had to go to the ER for concussions has gone up 200 percent in the last decade alone.

"When I got my concussion after I got hit, my vision was blurry, and I had a throbbing headache," Bohm said. "The trainers from the other team's sideline came up to me and That meant I had to comperformed a bunch of tests that were supposed to determine if I had the symptoms of someone who obtained a concussion would

High school football is very dangerous when it comes to head injuries nearly 37 percent of sports related concussions come from football, but football is not the only sport that poses as a threat for concussions. Soccer makes up about 14 percent of concussions.

Heading the ball, falling down, head on head collision and getting kicked in the head by cleats are all ways soccer players obtain concussions.

"I got kicked in head during a game when I was playing goalie," sophomore soccer player Kesiah Sulzbach said. "Doc T the trainer diagnosed me with one [a concussion] at the game and the AXON test verified it. Doc T had me count back from 100 by threes and I had to follow her finger with my eyes."

Last year, during the spring season on the Bowie girl's soccer team, there were over five concussions.

"I was told to lay off of all sports for two months," Sulzbach said. "Once I was cleared by my doctor, I had to go through the AISD physical therapy protocol. plete a series of exercises in a certain amount of time without getting a headache. If I got a headache, I would have to come back the next day and try the same exercises again and repeat it until I didn't get pains anymore."

Even though concussions have the most effect on the person who physically gets the concussion when involved in a team sport the outcome includes teams as a whole.

"As a team, you depend on your fellow teammates," varsity soccer Hoffman-Howell said. "So when you have a player out, everyone has to adjust to the loss accordingly."

Because concussions in high school sports are getting progressively worse the goal of the new AISD concussion regulation is to reduce the amount of student getting concussions. It is already proving to be more beneficial as the concussion rates for high school athletes has stopped escalating.

"I had to work my butt off to get to where I am at this point and I am definitely more cautious after having a personal experience with a head injury. Safety is now my top priority when I hear the game whistle," Sulzbach said.★

THE FACTS BEHIND CONCUSSIONS AND HEAD INJURIES:

-A concussion is a brain injury that affects how your brain works. A concussions is caused by a bump, blow, or jolt to the head or body. The injuries can be serious if not treated correctly or quickly.

-Common symptoms include:

*Headaches

*Confusion

*Dizziness/Nausea

*Lost consciousness

-Football is the highest concussion related sport with 37%. In second is basketball with 16% and in third is soccer with 14%.

> -75 percent of football players get a in their athletic career.

-Once a concussion is attained the athlete should be pulled out of the game till they get the "OK" from a medical professional.

> art by Fuaad Ajaz source: www.cdc.gov